

Resident & Family Council Minutes
October 20th, 2020, @1400



1.0 Call to Order

- 1.1 **Welcome and Introductions:** Keith introduced himself to the residents and family. He explained this was our first virtual Resident Council meeting. He thanked Jake and Eddie for setting it all up. Keith Explained due to being in level red we would only have 5 residents in the group and the leadership would come in one at a time to speak.
- 1.2 **Review Agenda:** Recording Secretary Lynne reviewed September's minutes and the minutes were accepted by the residents.

2.0 Minutes & Old Business

- 3.0 COVID19:** All the nursing homes are now level red. What that means is we can only have groups of 5 at any time for programs. There will be no hair dresser during this time. Chris has come on fulltime to help run more programs.

- 4.0 Family Visits:** Families were discouraged from visiting the residents and to really look at not visiting unless it's completely necessary. The numbers in the community are on the rise and we are trying to keep everyone safe. We offer virtual and window visits to help keep contact with loved ones.

5.0 Resident and Family Council Fund

- 5.1 **Balance:** \$1659.87
- 5.2 **Fundraising:** None at this time.
- 5.3 **Wish List:** More lunch and supper clubs. Sound barrier so the movies do not disturb the residents in their rooms.
- 5.4 **Wish List Items Completed:** We will be scheduling more lunch and supper clubs next month. We added more bingo to the calendars.

- 6.0 Education Item:** Hand Washing by Susan Konowalchuk: Susan gave a great demonstration on hand washing and all the benefits for hand washing.

7.0 Reports

- 7.1 **Nursing Report:** Karen gave an outline of all the outbreaks in our region for PCHS. There are 19 homes with outbreaks and 10 in Winnipeg. We are happy to announce in 7 months we

have not had one resident or staff been infected with COVID19. She explained we are self screening and we are auditing staff regularly to make sure they are in compliance with our PPE. Karen informed us that all our residents have been given the flu shot. Great job nurses!! Last week she ran a 2 day flu clinic for staff which she will continue to till the end of November.

7.2 Dietary and Housekeeping Report: Krista talked about the Thanksgiving dinner that was on October 12th. The residents said the meal was really good. This Friday will be Oktoberfest Lunch. Krista talked about the fall menu and that she will be working on a themed meal once a month with the Recreation Department. Krista stated since COVID19 her department has put in an extra 960 hours to help keep the home clean and safe. We also have a special resident who volunteers to keep our home clean also.

7.3 Maintenance and Laundry Report: Doug asked if the hallways and rooms temperatures' were ok. The residents said the hallways and rooms were ok but the recreation area is cold. Doug said he will adjust the temperature right away. Resident asked to have her window shade fixed which Doug replied he will fix it right after the meeting.

Spiritual Care Report: Pastor David reported that the new bibles have arrived. He explained that these are teaching bibles and that he can read with anyone on a 1:1 basis. Pastor David explained that the 1:1 would be a great way to express yourself. The residents really enjoy the bibles and reading them with Pastor David. Pastor David also explained to be patient with the fact that only 5 residents can attend his church service. He will try to make sure there is a fair rotation.

7.4 Recreation: Eddie explained to please be patient with recreation as they are trying to adjust their programs to the 5 residents to a group. Recreation will be trying to spread out programs and have them offered in the coffee shop, main dining room and the lounges. Recreation is currently working on some really fun new ideas and hopes to have them ready for next month. For Halloween we will be doing Karaoke in different areas and handing out special deserts. Staff will be in costumes and will walk around the home and the residents will judge the winner. Eddie talked about buying a Rokee stick which would allow us to watch net flicks and other programs on the main

dining room TV. The cost will be around \$85. Eddie asked the residents to vote and they voted yes.

8.0 New Business:

9.0 Virtual Programs: Eddie touched on a few virtual program ideas like playing trivia with their families on the Ipad. The residents thought this was a great idea.

10.0 Masks: Eddie asked the residents how wearing the masks were going. The residents all explained that it was going fine. The residents were told if the mask becomes soiled to please see their nurse and they will be given a new one. They were also told if they were having issues with breathing while wearing the masks to please take it off and talk to the nurses right away.

11.0 Roundtable: A resident asked when the volunteers will be back. Eddie explained for safety we cannot bring them in. The minute it is safe we will bring them back. A resident brought up that a HCA had a rash on his hand. Karen said she will talk to the resident after the meeting to get more information. A resident complained a few residents were wearing very strong perfume. Eddie said he would to the resident after the meeting to get more information.

12.0 Family Round Table: Families said they really enjoyed the opportunity to be part of the meeting. Another family member wanted to thank Luther Home for going above and beyond and keeping their families safe. A family asked about screening. Karen talked about how our staff all self screen and that we audit them to make sure they are doing it properly. A family member asked what was being done for the residents that do not leave their rooms. Eddie explained we are increasing our 1-1 visits and Pastor David has increased his 1:1 visits also. A family member stated she did not agree with the way we are doing our family visits. Karen told the family member she would call her right after the meeting.

13.0 Adjournment: The meeting was called to close at 15:20

Next Meeting: 1400 hrs. November 10, 2020