



*****Please note that menu may change without notice.**

June 1 - 7, 2020 Cycle Three

June 8 - 14, 2020 Cycle Four

June 15 - 21, 2020 Cycle Five

June 21 - 28, 2020 Cycle One

- Summer menu to start***
- Date To Be Determined***

Nourishments served daily

at

2:00pm and 7:00pm

Cycle One

Monday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Rye Toast/Spread, Cheese slice

Lunch – 12:00pm

Tomato Soup, Ham Salad Sandwich,
Tossed Salad, Pickled Beets,
Tapioca/Raisin Pudding

Dinner – 5:00pm

Lasagna, Dinner Roll, Caesar Salad,
Apricots

Tuesday

Breakfast – 8:00am

Juice, Oatmeal with Bran, Brown
Toast/Spread, Boiled Egg

Lunch – 12:00pm

Borscht, Perogies & Fried Onions, Sour
Cream, Garlic Sausage, Sauerkraut, Vanilla
Ice Cream/Berries

Dinner – 5:00pm

Sweet & Sour Chicken Balls, Fried Rice,
Oriental Vegetables, Carrot Muffin

Wednesday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Pancakes/Apricots, Bacon

Lunch – 12:00pm

Summer Squash Soup, Assorted Meat Sub
Sandwiches (Ham, Salami, Bologna), Salad,
Apple Pie Crumble Top

Dinner – 5:00pm

Swedish Meatballs with Mushroom Cream
Sauce, Parsley Boiled Potatoes, California
Mixed Vegetables, Banana

Thursday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Toast/Spread, Fried Egg

Lunch – 12:00pm

Tomato Vegetable Soup,
Chicken Fingers, Honey
Mustard Sauce, French Fries,
Carrot Coins, Orange Jelly
with Tropical Fruit

Dinner – 5:00pm

Cranberry Dijon, Chicken
Breast, Whipped Sweet
Potato, Peas, Chocolate
Cream Pie

Friday

Breakfast – 8:00am

Juice, Cream of Wheat with
Bran,
Brown Toast/Spread,
Scrambled Eggs

Lunch – 12:00pm

Carrot Soup, Pizza,
Cucumber/Onion Salad, Fruit
Cocktail

Dinner – 5:00pm

Tuna Casserole, Kalebanzo
Blend Vegetables
Alt: Chicken Fingers
Peach Cobbler

Saturday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
14 Grain Toast/Spread,
Cheese Slice, Poached Egg

Lunch – 12:00pm

Split Pea Soup, Grill Cheese
Sandwich on Brown, Greek
Salad, Pickles, Stewed
Rhubarb

Dinner – 5:00pm

Chicken a La King, Tea
Biscuit, Steamed Rice,
Brussel Sprouts, Mandarin
Oranges

Sunday

Breakfast – 8:00am

Juice, Cream of Wheat with
Bran,
Raisin Toast/Spread, Bacon

Lunch – 12:00pm

Chicken Vegetable Rice Soup,
Tuna Sandwich, Potato Salad
with Egg, Sliced Tomato,
Pears

Alt: Salami Sandwich

Dinner – 5:00pm

Roast Beef/Mushroom Gravy,
Mashed Potato, Green Beans,
Pumpkin Loaf

Cycle Two

Monday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Rye Toast/Spread, Cheese slice

Lunch – 12:00pm

Beef Barley with Vegetables, Sub
Sandwiches, Coleslaw, Graham Wafer
Square

Dinner – 5:00pm

Tandori Chicken, Basmati Rice, Green
Beans, Peaches

Tuesday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran, Brown
Toast/Spread, Boiled Egg

Lunch – 12:00pm

Summer Squash Soup, Potato
Pancakes/Sour Cream, Orange Slices, Pork
Sausages, Banana Alternate: Beef Sausage

Dinner – 5:00pm

Baked Ham/Pineapple, Scalloped Potato,
Peas, Lemon Tart w/ Whip
Alternate: Chicken Breast

Wednesday

Breakfast – 8:00am

Juice, Oatmeal with Bran, Pancakes,
Apricots, Bacon

Lunch – 12:00pm

Tomato Soup, Chicken Salad
Sandwich on Brown Bread, Tossed
Salad with Dressing, Pickled Beets,
Pears

Dinner – 5:00pm

Salisbury Steak, Fried Onion,
Mushroom Gravy, Parsley Boiled
Potato, Broccoli, Tropical Fruit

Thursday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Rye Toast/Spread, Fried Egg

Lunch – 12:00pm

Mushroom Soup, Cheeseburger
Pie, Green Beans, Peaches

Dinner – 5:00pm

Honey Garlic Pork, Steamed Rice,
Winter Mixed Vegetables, Date
Square
Alternate: Veal Cutlet

Friday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Toast/Spread, Scrambled Eggs

Lunch – 12:00pm

Borscht Soup, Fried Kielbasa,
Fried Onion on Dinner Roll, BBQ
Baked Beans, Corn, Apricots

Dinner – 5:00pm

Fish Sticks, Tartar sauce,
Tater Tots, Mixed Veg, Pineapple
Alternate: Turkey Cutlet

Saturday

Breakfast – 8:00am

Juice, Cream of Wheat with
Bran, 14 Grain Toast/Spread,
Poached Egg

Lunch – 12:00pm

Ham Vegetable Soup, Egg Salad
on Rye, Greek Salad, Cherry Tart
Alternate: Salami Sandwich

Dinner – 5:00pm

Autumn Beef Stew, Boiled Red
Potatoes, Carrot Coins, Ice
Cream/Strawberries

Sunday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Raisin Toast/Spread, Bacon

Lunch – 12:00pm

Chicken Vegetable Noodle
Soup, Cheeseburgers Sliders,
Tomato Slices, Macaroni
Salad w/ Peas

Dinner – 5:00pm

Roast Turkey, Stuffing,
Cranberry, Gravy, Whipped
Potato, Green Beans, Stewed
Rhubarb

Cycle Three

Monday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Rye Toast/Spread, Cheese slice

Lunch – 12:00pm

Chicken Noodle Vegetable Soup,
Pizza, Greek Salad, Fruit Cocktail

Dinner – 5:00pm

Perogies, Sauteed onion and Sour
Cream, Cabbage Roll Casserole,
Carrot Cake with Cream Cheese Icing

Tuesday

Breakfast – 8:00am

Juice, Oatmeal with Bran, Brown Toast/Spread,
Boiled Egg

Lunch – 12:00pm

Minestrone Soup, Chicken Nuggets, Honey Dill
Sauce, Dinner Roll, Kalebanzo Vegetables,
Yogurt with Strawberries

Dinner – 5:00pm

Breaded Pork Culet, Applesauce, Rice, Cream
Corn, Pumpkin Muffin

Alternate: Turkey Cutlet

Wednesday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Pancakes/Apricots, Bacon

Lunch – 12:00pm

Tomato Rice Soup, Macaroni and
Cheese, Steamed Broccoli, Cherry
Cha Cha

Dinner – 5:00pm

Meatloaf with Spanich Sauce, Mashed
Potato, Green Beans, Bananas

Thursday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Toast/Spread, Fried Egg

Lunch – 12:00pm

Cream of Carrot Soup,
Chicken Salad Sandwich,
Tossed Salad/Italian Dressing,
Tropical Fruit

Dinner – 5:00pm

Turkey Stew, Biscuit, Boiled
Potato, Steamed Squash,
Pears

Friday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Brown Toast/Spread, Scrambled
Eggs

Lunch – 12:00pm

Cream of Cauliflower Soup, Ham &
Cheese Quiche, Carrot Coins,
Apricots

Dinner – 5:00pm

English Style Pollock, Tartar
Sauce, Tater Tots, Mixed Veggies,
Blueberry Pie

Alternate: Veal Cutlet

Saturday

Breakfast – 8:00am

Juice, Oatmeal with Bran, 14
Grain Toast/Spread, Cheese
Slice, Poached Egg

Lunch – 12:00pm

Lentil Vegetable Soup, Open
Faced Chicken Burger,
French Fries, Tomato Slice,
Pickles, Pineapple

Dinner – 5:00pm

Spaghetti Meat Sauce, Garlic
Toast, Ceaser Salad, Ice
Cream/Berries

Sunday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Raisin Toast/Spread, Bacon

Lunch – 12:00pm

Butternut Squash Soup, Ham
Salad Sandwich, Pineapple Slaw,
Fruit Cocktail

Alt: Egg Salad Sandwich

Dinner – 5:00pm

Spiced Rub Roast Pork with
Applesauce, Oven Roast Potato,
Peas, Cherry Cheesecake

Alternate : Chicken Breast

Cycle Four

Monday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Rye Toast/Spread, Cheese slice

Lunch – 12:00pm

Turkey Vegetable Soup, Cheese
Tortellini, French Green Beans, Baked
Caramel Bread Pudding

Dinner – 5:00pm

Shepherds Pie, Brown Gravy, Peas &
Carrots, Blueberries with Yogurt

Tuesday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran, Brown
Toast/Spread, Boiled Egg

Lunch – 12:00pm

Navy Bean & Tomato Soup, Ham Salad
Sandwich, Tossed Salad, Pickled Beets,
Tropical Fruit Salad

Dinner – 5:00pm

Sweet Sour Pork, Fried Rice, Oriental
Vegetables, Date Square
Alternate : Turkey Cutlet

Wednesday

Breakfast – 8:00am

Juice, Oatmeal with Bran, Pancakes,
Apricots, Bacon

Lunch – 12:00pm

Split Pea Soup, Rueben Sandwich
Rye, Coleslaw, Pineapple Upsidedown
Cake

Dinner – 5:00pm

BBQ Chicken, Oven Roasted Potato,
Italian Mixed Vegetable, Fruit Cocktail

Thursday

Breakfast – 8:00am

Juice, Cream of Wheat with
Bran,
Rye Toast/Spread, Fried Egg

Lunch – 12:00pm

Tomato Rice Soup, Assorted
Sandwiches on Brown, Greek
Salad, Strawberries

Dinner – 5:00pm

Beef Stroganoff, Noodles,
Carrots, Whole Wheat Bun,
Rice Raisin Pudding

Friday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Toast/Spread, Scrambled Eggs

Lunch – 12:00pm

Mushroom Soup, Perogies,
Sauted Onion, and Sour
Cream, Sauerkraut, Garlic
Sausage, Mandarin Oranges

Dinner – 5:00pm

Oven Baked Pollock, Rice
Pilaf, California Mixed
Vegetables
Alternate : Chicken Fingers

Saturday

Breakfast – 8:00am

Juice, Cream of Wheat, 14 Grain
Toast/Spread, Poached Egg

Lunch – 12:00pm

Minestrone Soup, Hot Dog on a
Bun, Sauted Onions, Cucumber
Salad, Blueberry Cobbler

Dinner – 5:00pm

Swedish Meatballs, Mushroom
Cream Sauce, Oven Roast Sweet
Potato, Four Mix Vegetables,
Orange Jelly with Tropical Fruit

Sunday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Raisin Toast/Spread, Bacon

Lunch – 12:00pm

Chicken Noodle & Vegetable
Soup, Tuna Salad Sandwich,
Shredded Lettuce, Macaroni
Salad, Peaches

ALTERNATE: Salami Sandwich

Dinner – 5:00pm

Roast Beef, Gravy, Whipped
Potato, Sauted Mushrooms,
Peas & Carrots, Pumpkin Pie

Cycle Five

Monday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Rye Toast/Spread, Cheese slice

Lunch – 12:00pm

Squash Soup, Chili, Cornmeal Muffin,
Wax Beans, Peaches

Dinner – 5:00pm

Hot Turkey Sandwich, Gravy, Mashed
Potato, Italian Mix Vegetables,
Strawberry Rhubarb

Tuesday

Breakfast – 8:00am

Juice, Oatmeal with Bran, Brown Toast/Spread,
Boiled Egg

Lunch – 12:00pm

Minestrone Soup, Ham Salad Sandwich on Whole
Wheat Bread, Greek Salad, Pickles, Chocolate
Cupcakes ALTERNATE: Cheese Sandwich

Dinner – 5:00pm

Balsamic Chicken, Savory Rice, Cauliflower,
Banana

Wednesday

Breakfast – 8:00am

Juice, Cream of Wheat with Bran,
Pancakes/Apricots, Bacon

Lunch – 12:00pm

Cream of Carrot Soup, Open Face
Fish Burger, Tartar Sauce, Cucs in
Sour Cream, Tropical Fruit

ALTERNATE: Chicken Burger

Dinner – 5:00pm

Veal Scallopini, Noodles, Green
Beans, Pears

Thursday

Breakfast – 8:00am

Juice, Oatmeal with Bran,
Toast/Spread, Fried Egg

Lunch – 12:00pm

Cream of Broccoli Soup,
French Toast, Pork Sausage,
Mixed Berries, Peach Jello
with Apricots

ALTERNATE: Beef Sausage

Dinner – 5:00pm

Cheeseburger Sliders, French
Fries, Coleslaw, Applesauce
with Cinnamon

Friday

Breakfast – 8:00am

Juice, Cream of Wheat with
Bran,
Brown Toast/Spread, Scrambled
Eggs

Lunch – 12:00pm

Tomato Vegetable Soup, Chicken
Caesar Salad, Tomato Slices,
Garlic Toast, Blueberry Tarts

Dinner – 5:00pm

Battered English Cod, Scalloped
Potato, Broccoli with Garlic,
Carrot Cake

Alternate : Chicken Breast

Saturday

Breakfast – 8:00am

Juice, Oatmeal with Bran, 14 Grain
Toast Spread, Cheese Slice, Poached
Egg

Lunch – 12:00pm

Cream of Potato Soup, Egg Salad
Sandwich on Brown, Cranberry
/Mandarin Spinach Salad, Ice Cream
Berries Topping ALT: Cheese
Sandwich

Dinner – 5:00pm

Baby Beef Liver, Fried
Onion/Mushroom Gravy, Whipped
Potato, Squash, Pineapple

Alternate : Turkey Cutlet

Sunday

Breakfast – 8:00am

Juice, Cream of Wheat with
Bran,
Raisin Toast/Spread, Bacon

Lunch – 12:00pm

Turkey Vegetable Soup,
Macaroni and Cheese, Stewed
Tomato, Mandarin Oranges

Dinner – 5:00pm

Spiced Rub Roast Pork with
Applesauce, Oven Roast Red
Potato, Peas, Banana Cream
Pie

Alternate : Veal Cutlet